



# UB Spotlight

Morehead State University

December 2009

## *Upward Bound Winter Dance*

Upward Bound will be hosting a Winter Dance for the December Return Trip on December the 5th from 2:00 to 6:00 p.m. in Fullbright Auditorium. Please note that we will have a group meeting in Duncan Recital Hall beginning at 2:00 p.m. The dance will follow. You will not receive meal money for this return trip because we will be providing food. However, you will get \$30.00 bonus stipend in addition to your monthly stipend if you are present for the Return Trip. Dress for the event is semi-formal. You are not allowed to bring someone who is not affiliated with UB. All alumni, staff, and volunteer parents are invited to attend. We look forward to seeing everyone there!



**Please be aware of the revised bus schedule on page 2 and 3 of the newsletter!**

### *UB Winter Dance*

When: December 5th

Where: Fullbright Auditorium

Time: 2:00 to 6:00 p.m.

Who: ALL UBers, staff, and volunteer parents



DECEMBER 5, 2009 ONLY  
ARRIVAL

ALL BUSES UNLOAD AT BAIRD MUSIC BUILDING

**CARTER COUNTY BUS**

East Carter High School Leave 12:30 p.m.  
Smokey Valley Truck Stop - I-64 Leave 1:15 p.m.  
Morehead State University Arrive 2:00 p.m.

**ELLIOTT COUNTY BUS**

Elliott County High School Leave 1:15 p.m.  
Morehead State University Arrive 2:00 p.m.

**GREENUP COUNTY BUS**

Greenup County High School Leave 12:15 p.m.  
Morehead State University Arrive 2:00 p.m.

**JOHNSON COUNTY BUS**

Johnson Central High School Leave 12:00 p.m.  
Morehead State University Arrive 2:00 p.m.

**LAWRENCE COUNTY BUS**

Lawrence County High School Leave 12:45 p.m.  
Boyd County High School Leave 1:15 p.m.  
Morehead State University Arrive 2:00 p.m.

**LEWIS COUNTY BUS**

H & R Block/Old Baker's Dept. Store - Vanceburg Leave 1:00 p.m.  
Morehead State University Arrive 2:00 p.m.

**MAGOFFIN COUNTY BUS**

Magoffin Co. Board of Education Leave 12:45 p.m.  
Morehead State University Arrive 2:00 p.m.

**MASON COUNTY BUS**

Mason County High School Leave 12:45 p.m.  
McDonald's - Flemingsburg Leave 1:15 p.m.  
Morehead State University Arrive 2:00 p.m.

**MENIFEE COUNTY BUS**

Menifee County High School Leave 1:15 p.m.  
Morehead State University Arrive 2:00 p.m.

**MONTGOMERY COUNTY BUS**

Montgomery County High School Leave 1:00 p.m.  
Town & Country Store - Owingsville Leave 1:30 p.m.  
Morehead State University Arrive 2:00 p.m.

**MORGAN COUNTY BUS**

Morgan County High School Leave 1:15 p.m.  
Morehead State University Arrive 2:00 p.m.

**ROWAN COUNTY**

Students arrive on campus – Baird Music Bldg. Arrive 2:00 p.m.

UPWARD BOUND RETURN TRIP BUS SCHEDULE  
DECEMBER 5, 2009 ONLY  
DEPARTURE

PICK-UP STUDENTS AT BAIRD MUSIC BUILDING

**CARTER COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Smokey Valley Truck Stop - I-64 Arrive 6:45 p.m.  
Super America - Grayson Arrive 7:30 p.m.

**ELLIOTT COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Elliott County High School Arrive 6:45 p.m.

**GREENUP COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Greenup County High School Arrive 7:15 p.m.

**JOHNSON COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Johnson Central High School Arrive 8:00 p.m.

**LAWRENCE COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Boyd County High School Arrive 6:45 p.m.  
Lawrence County High School Arrive 7:15 p.m.

**LEWIS COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
H & R Block/Old Baker's Dept. Store - Vanceburg Arrive 7:00 p.m.

**MAGOFFIN COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Magoffin County Board of Education Arrive 7:15 p.m.

**MASON COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
McDonald's - Flemingsburg Arrive 6:30 p.m.  
Mason County High School Arrive 7:00 p.m.

**MENIFEE COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Menifee County High School Arrive 6:45 p.m.

**MONTGOMERY COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Town & Country Store - Owingsville Arrive 6:30 p.m.  
Montgomery County High School Arrive 7:00 p.m.

**MORGAN COUNTY BUS**

Morehead State University Leave 6:00 p.m.  
Morgan County High School Arrive 6:45 p.m.

**ROWAN COUNTY**

Students depart campus - From Baird Music Bldg. Leave 6:00 p.m.

# *Helping Others in Need*

With the economy in a slump this holiday season, more and more families are needing help. There are many opportunities to help others over the holidays. Donating to charities and volunteering can help remind us the holidays are the time to give.

- 1) Volunteer: There are plenty of charities and non profit organizations that offer holiday volunteer opportunities. Volunteer to help sort all the toys and books that Toys for Tots receive.
- 2) Donate: If you have clothes, toys, or food, there are places that will take those items and give them to families less fortunate. Donate to your local food bank.
- 3) Give money: There are many charities or organizations that would take a monetary donation. Be sure to research the charity before donating money!
- 4) Work in a Soup Kitchen: You can help prepare meals for the homeless in your community. This is a helpful volunteer opportunity since the kitchens are probably very busy during the holidays and in many places, the weather is cold!
- 5) Cook or Bake: Bake some cookies or make a meal for an elderly person or family and volunteer to bring it to their house. Many times families get busy during the holidays and an elderly person may not have family to help them out.
- 6) Visit those Less Fortunate: Take some time to visit a nursing home or hospital. Some of the individuals in these places do not have any family and being able to volunteer your time can help make their holiday season a little bit nicer!



# Career Spotlight: Judge



## WORK TASKS

Judges apply the law and oversee the legal process in courts according to local, state, and federal statutes. They resolve civil disputes and determine guilt or innocence in criminal cases. Judges preside over trials or hearings and listen as lawyers represent the parties present. They ensure rules and procedures are followed, and they determine the manner in which a trial will proceed based on their interpretation of the law. Judges examine evidence in criminal cases and instruct juries on their responsibilities.

## SALARY, SIZE & GROWTH

- \$120,500 average per year (\$58.00 per hour)
- A medium occupation (25,500 workers in 2007)
- Expected to grow slowly (.3% per year)



## ENTRY REQUIREMENTS

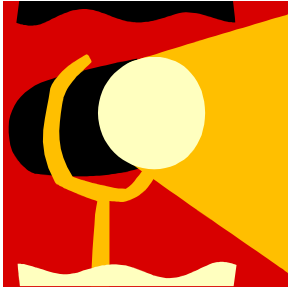
Almost all jurisdictions require that anyone appointed or elected a JUDGE to any court be a graduate of an accredited law school and a member of the bar. Federal and state judges are usually required to be lawyers. Federal administrative law judges must be lawyers and pass a competitive examination administered by the U.S. Office of Personnel Management. They are appointed by federal agencies and have lifetime tenure. Federal magistrate judges are appointed by district judges to serve in a United States district court for a period of eight years.

From: [www.actstudent.org](http://www.actstudent.org)

*If we had not winter, the spring  
would not be so pleasant; if we  
did not sometimes taste of  
adversity, prosperity would not  
be so welcome.*

*Anne Bradstreet*





## College Spotlight

# *Kentucky State University*

Kentucky State University is a public liberal arts institution, located in Frankfort, Kentucky. The campus is 308 acres, with 38 buildings, 6 residence halls and a 204 acre Research Farm. Kentucky State University is the smallest of Kentucky's public universities with an enrollment of 2,700. Student to faculty ratio is 17:1. Kentucky State has the most culturally diverse student body and faculty among all higher education institutions in Kentucky and one of the most diverse in the nation. In a typical year, the institution's student body is equally divided between African American and white students.

Majors offered at Kentucky State University include: Biological and biomedical sciences, business, computer and information systems, education, engineering technologies, nursing, mathematics, chemistry, psychology, social work, criminal justice. Kentucky State has a variety of campus activities including social and academic clubs, musical performance groups, sororities and fraternities, and a variety of sports team. The 2009-2010 school year cost of attendance is \$6,316 for tuition and fees and \$6,792 for room and board.

For more information check out [www.kysu.edu](http://www.kysu.edu)

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## **ATTENTION SENIORS**

The Dell Scholars Program is looking for Upward Bound seniors to apply for their scholarship program. This scholarship give up to \$20,000.00 to complete a bachelor's degree. You must have a 2.4 GPA, be a senior in an Upward Bound Program, and plan to enter a bachelor's degree program at a college/university in fall of 2010. The deadline is January 15th, 2010. Go online to [www.dellscholars.org](http://www.dellscholars.org) to apply.

**ONE OF OUR VERY OWN STUDENTS RECEIVE THIS SCHOLARSHIP TWO YEARS AGO! DO NOT LET THIS OPPORTUNITY PASS YOU BY!**



MOREHEAD STATE UNIVERSITY  
UPWARD BOUND  
ABSENCE EXCUSE FORM



***Note: Students are allowed two (2) excused absences per year. After two excused absences, students will not receive make-up stipend money for any absence.***

Student Name: \_\_\_\_\_

School: \_\_\_\_\_

Date of Absence: \_\_\_\_\_

Reason for Absence: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Daytime Phone Number: \_\_\_\_\_

School Official Signature: \_\_\_\_\_  
*(required if absence is school related)*

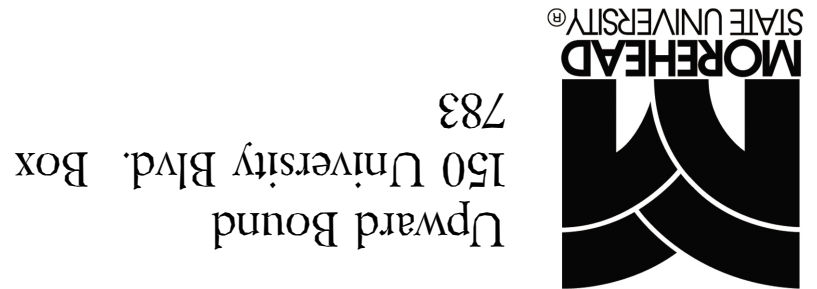
School Phone Number: \_\_\_\_\_

Date: \_\_\_\_\_

**This excuse form must be completed and returned to the Upward Bound Office with the appropriate signatures within ten (10) business days after the missed Return Trip. If the form is not received by the deadline, the student will not be excused and no makeup stipend money will be issued.**

Upward Bound  
Morehead State University  
150 University Blvd. Box 783  
Morehead, KY 40351

Phone: 1-800-5UPWARD or (606) 783-2611 Fax: (606) 783-9114



## Happy Birthday December Birthdays!

Sam Bailey  
Leanna Caldwell  
Chance Coffey  
Austin Howard  
Olivia Howard  
Kathryn Martin  
Jeremy Perkins  
Chip Plummer  
Ivanna Risner  
Allan Stidham  
Hillary Welch

