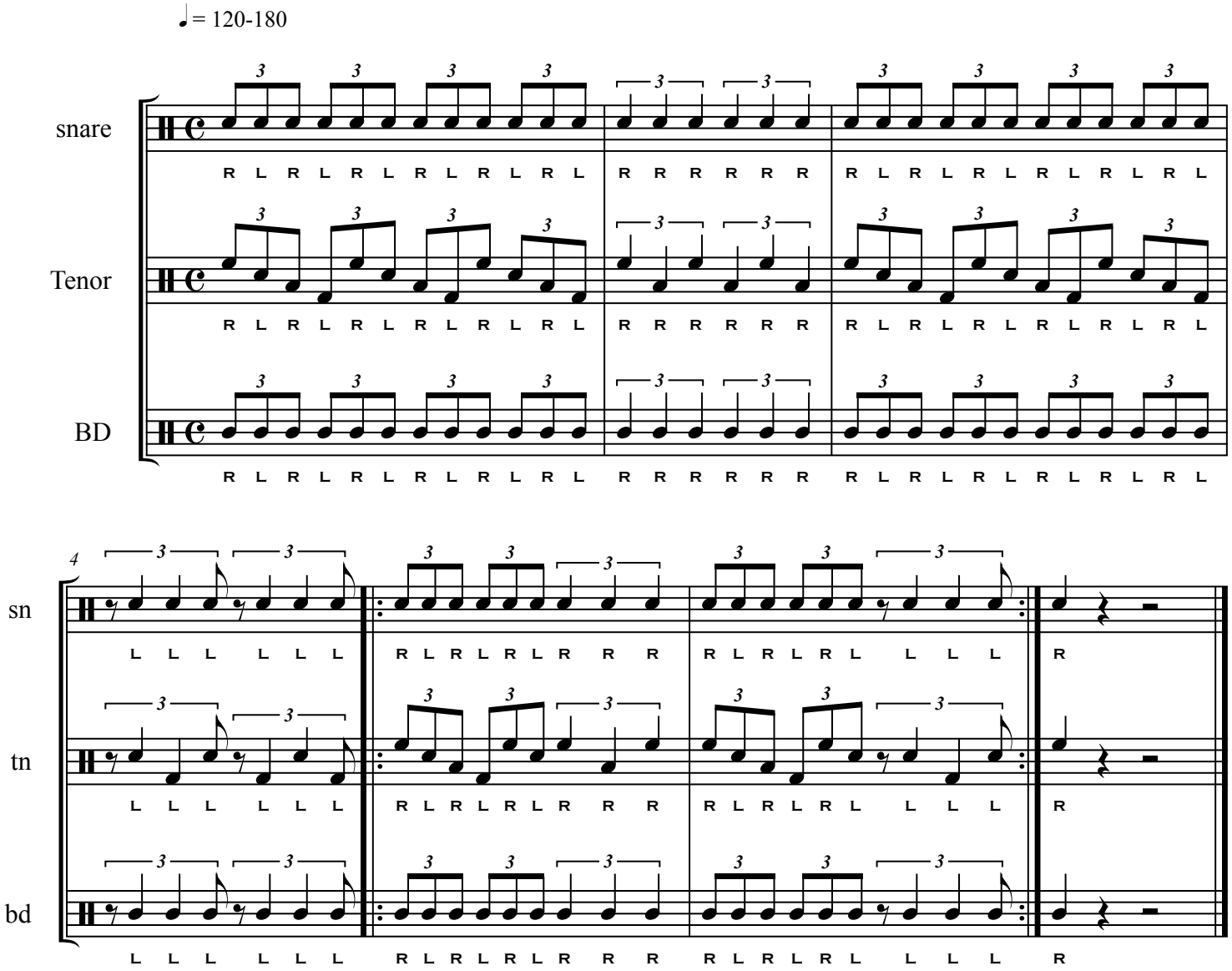
Triplet Timing



• Play this exercise starting with the right hand as well as the LEFT hand

• Be able to say the beats (1, 2, 3, 4) out loud while playing.

• Disesct this exercise to the finest detail, perfecting the polyrhythms incorperated between the hands and feet.