

Degree: **HEALTH AND PHYSICAL EDUCATION P-12**

Year 1: Fall

Spring

CMSP 108 Fund. Of Speech Communication	3	General Education Core	3
ENG 100 Writing I	3	EDF 207 Foundations of Education	3
CIS 101 Intro to Computers or EDUC 222 Computing Tools for Educators	3	HPE 160 Foundations of Health, Physical Education and Sport Sciences (10:20 TTF)	3
HLTH 151 Wellness: Theory to Action	3	PSY 154 Psychology	3
HLTH 203 Safety and First Aid	3	ENG 200 Writing I	3
MSU 101 Discovering University Life	1	PHED 217 Methods gym/martial arts (MW 10:20)	1
		PHED 218 Methods teaching dance (MW 11:30)	1
Credit Hours	16		17

Year 2: Fall

Spring

General Education Core	3	General Education Core	3
SOC 101 Into Soc. Or SOC 354 Ind. & Soc.	3	BIOL 231 Human Anatomy	3
HLTH 230 Community Health (11:30 MWF)	3	HLTH 205 Psychological Health (11:30 MWF)	3
PHED 212 Games/Rhythms Elementary (9:10 MWF)	3	HLTH 206 Principles of Nutrition (10:20 TTF)	3
EDF 211 Human Growth & Development (9:10 -11:10 TTH)	3	PHED 205 Lifetime Fitness (12:40-2:240 MW)	3
PHED 213 Methods Individual Sports (TTH 1:50)	1	PHED 214 Methods Racket Sports (12:40 TTH)	1
Credit Hours	16	Credit Hours	16

Year 3: Fall

Spring

General Education Core	6	General Education Core	3
PHED 306 Kinesiology (10:20 MWF)	3	HLTH 360 Family Health (9:10 MWF)	3
HLTH 475 School Health Program (9:10 TTF)	3	PHED 315 Motor Learning/Development (9:10 TTF)	3
HPE 301 Classroom Assessment in HPE (11:30 TTF)	3	PHED 432 Exercise Physiology (11:30 MWF)	3
PHED 215 Methods Team Sports (1:50 MW)	1	EDF 311 Learning Theories for Teacher (8:00 TTF)	3
PHED 216 Methods Lifetime Activities (12:40 TTH)	1		
Credit Hours	17	Credit Hours	15

Year 4: Fall

Spring

PHED 475 Adapted Physical Education (9:10-11:10 MW)	3	PHED 430 Psychosocial Dimensions of Sport and Physical Activity (11:30 TTF)	3
HLTH 418 Use and Abuse of Drugs (internet)	3	HLTH 430 Consumer Health (10:20 TTH)	3
HPE 300 Methods Teaching HPE Elem. (12:40-2:40 MTWTH)	6	HPE 303 H and PE in Secondary School (12:40-2:40 MTWTH)	6
EDSE 312 Ed. Methods and Technology (9:10-11:10 TTH)	3	EDSE 483 Classroom Organization and Management (10:20 MWF)	3
Credit Hours	15	Credit Hours	15

Year 5: Fall

EDSE 416 Student teaching	12		
HPE 499C Senior Seminar	3		
Credit Hours	15		