

Name _____

Date _____

Exercise Science Concentration: Corporate Option**General Education Courses:**

Dept./ Number	Course Title	Credit Hours	Completed	Grade
CIS 101*	Computers for Learning	3		
CMSP 108	Fundamentals of Speech Communication	3		
ENG 100	Writing I	3		
ENG 200	Writing II	3		
MATH 123*, 131*, 135* or 152*	Intro to Statistics, Prob Solving, Math for Technical Students or College Algebra	3		
CHEM 101*	Survey of Gen. Chemistry w/Lab	4		
PHYS 201* or SCI* 103	Elem Physics I or Intro to Physical Sci	3		
PSY 154*	Intro to Psychology	3		
SOC 101*	Intro to Sociology	3		
Soc & Behav Sci Elective		3		
PHIL 203* or PHIL 306*	Social Ethics or Intro to Logic	3		
Humanities Elective		3		
Humanities Elective		3		
HLTH 151*	Wellness: Theory-Action	3		
PHED 499D*	Senior Capstone	3		

* Specific General Education Requirements

Concentration Requirements:

Dept./ Number	Course Title	Cr. Hours	Grade	Completed	Semester Usually Offered
BIOL 231	Human Anatomy	3			
BIOL 232	Human Physiology	3			
HPE 160	Foundations Health & PE	3			
HLTH 203	Safety and First Aid	3			
HLTH 206	Principles of Nutrition	3			
HLTH 310	Health and Wellness Promotion	3			
PHED 205	Lifetime Fitness	3			
PHED 220	Athletic Training I	3			
PHED 301	Evaluations in Exercise Science	3			
PHED 306	Functional Anatomy and Biomechanics	3			
PHED 315	Motor Development/Motor Learning	3			
PHED 326	Exercise Program Leadership	3			
PHED 332	Principles of Strength and Conditioning	3			
PHED 423	Exercise Management: Special Populations	3			
PHED 432	Physiology of Exercise	3			
PHED 450	Planning and Managing Exercise Programs	3			
PHED 441	Exercise Testing and Prescription	3			
PHED 453A*	Corporate Practicum	3			
PHED 453B**	Clinical Practicum	3			
Choose one of the following					
PHED 424	Principles and Pract. of Kinesiotherapy	4			
PHED 475	Adapter Physical Education	3			
Total Hours		60			

Internship prerequisites: PHED 432. Recommended *PHED 450, ** PHED 441